

# SERVICES AVAILABLE

- One to one support
- Family support
- Group support
- Advocacy
- Training and consultancy
- Third party reporting

#### MAIN OFFICE

Newtown Community Resource Centre, Durham Road Stockton on Tees, TS19 0DE

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**@HARTGABLES** 

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www.hartgables.org.uk

**REGISTERED CHARITY NO. 1179075** 















## **GROUPS**

### FOR YOUNG PEOPLE

### **Stockton Youth Group:**

A group for all LGBTQ+ youth between the ages of 11-16. This group is every Monday 4pm-6pm at the Innovation Hub, Newtown Community Resource Centre, Durham Road, Stockton On Tees, TS19 0DE.

## **Hartlepool Youth Group:**

A group for young people aged 13-19. It is for LGBTQ+ individuals and is held every Friday at the Rossmere Youth Centre, TS25 5EB, 5:30pm-7:30pm. This group is run by Hart Gables & Hartlepool Borough Council (temporarily at the Community Hub South).

#### FOR ADULTS

### **Cloud 9 Middlesbrough:**

The Cloud 9 group is for all LGBTQ+ people aged 18 and over. The group is held every Wednesday at the North Ormesby Community Hub and Library, 2 Derwent St, North Ormesby, Middlesbrough TS3 6JB. 1PM - 3PM.

### Wellbeing Wednesday:

A virtual group for all LGBTQ+ people aged 18 and over. This group is held over Zoom every Wednesday at 6pm. Please contact us for the link or email: andrew.towers@hartgables.org.uk

#### True Colours - East Durham

A group for all LGBTQ+ people aged 18 and over. This group is held every Friday, 1PM-3PM at the Arts Cafe, East Durham Trust, Community House, Yoden Road, Peterlee, SR8 5DP

#### She's OUT

A group for all women, and non-binary people who feel comfortable in a women's group, aged 18+. This group is held once a month in various locations depending on the activity. Contact us for updates on this group or keep an eye on our socials.

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