

PLACE  
to  
PLAY



Let's PLAY!

THEATRE

Hullabaloo



**Hello! It's time to play...**



Let's Play is a 6 week music and play programme delivered by Theatre Hullabaloo, designed to creatively support parents and carers of younger children. Each session welcomes parents / carers and their babies and toddlers to a fun, informal chance to make friends, have a cuppa and enjoy some creative fun together.

The programme is funded through the Place to Play programme and is socially prescribed. It is free for families to take part in.

### **What should I expect from a Let's Play Session?**

- **Learn simple, fun, creative activities** (including songs that you can enjoy with your little one at home, using the resources in your Hullabaloo Baby Play Pack that we will provide)
- **Meet other parents and carers** in a relaxed, friendly setting and give your little one the opportunity to play with other children their age
- **Enjoy tea, cake and chat** with other families and our Hullabaloo Hosts



## Programme Overview

The programme includes:

- **An opportunity to attend weekly free music and play sessions**
- **A free Hullabaloo Play Pack**
- **Weekly handouts with ideas to do at home**
- **Free online resources to support the Play Pack and give you extra ideas for creative fun at home**

## Location

All sessions will take place at Skelton Family Hub, DE Brus Centre, Marske Ln, Skelton-in-Cleveland, Saltburn-by-the-Sea TS12 2HA.

Three sessions will be available per week, two for ages 0-24 months, and one for ages 25-48 months.





## What's in a Hullabaloo Play Pack?

In your pack you will find: **A Hullabaloo Baby Playbook** with suggested activities, words to songs and ideas about how you can extend your play with things you have at home

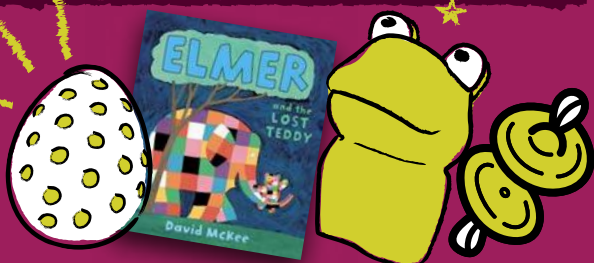
**A shaker** for you and your baby to make music together

**A board book** *Elmer and the Lost Teddy* by David McKee, so you can snuggle up and enjoy a story

**A colourful scarf** (for hours of peek-a-boo fun)

**Two finger puppets** (so you can start making your own stories for your baby)

**And many more surprises!**



## What are the online resources like?

Short, easy to follow video clips showing you how to get the most out of your Baby Play Pack and giving you other creative ideas to use at home. These include songs, storytelling and ways to play creatively with the objects supplied the Play Pack.



## Why is play important?

Play is your little one's way of learning about the world around them. When your child hears, sees, touches, tastes or smells something, messages are sent to the brain and important connections are created.

Activities such as rocking, singing, playing peek-a-boo, reading and mark making all help with bonding and the shaping of your child's developing brain.

As well as being great for your child, learning new skills, talking about parenting with other parents and carers and having some fun are all really important for you too.





## How do I get involved?

The sessions are free, but are offered on a referral basis through your GP, Health Visitor, Social Prescribing Link Worker or through other partner organisations. You can also refer yourself if you feel you would benefit from the programme.

### DATES & TIMES

Every **Wednesday** from **18 September - 23 October 2024** at the following times:

**9.30am-10.30am**

(0-24 months and their parents/care givers)

**11.15am-12.15pm**

(0-24 months and their parents/care givers)

**1.00pm-2.00pm**

(25-48 months and their parents/care givers)

**If you would like to know more about taking part, please email: [chloestott@theatrehullabaloo.org.uk](mailto:chloestott@theatrehullabaloo.org.uk) or ring 01325 405680 for a friendly chat about the programme.**